

NATIONAL INSTITUTE OF TECHNOLOGY DURGAPUR

MAHATMA GANDHI AVENUE, DURGAPUR-713209







Date: 19.06.2021

No. NITD/SAC/IDY/2021/01

NOTIFICATION

This has the reference to the circular issued by the competent Authority of the Institute vide Circular No. NITD/Estt/IDY/2021 dated 18.06.2021 regarding the celebration of 7th International Day of Yoga on June 21, 2021. The Institute will observe the IDY on virtual mode with the thematic message of **# Be With Yoga Be At Home.**

In view of the guidelines provided by the Ministry of AYUSH, Govt. of India and as approved by the Competent Authority of the Institute, the Student Activity Centre, National Institute of Technology Durgapur will organize 7th International Day of Yoga on June 21, 2021 **online at 08.15 am to 09.00 am** to practice the Common Yoga Protocol (CYP).

To make this initiative successful the Student Activity Centre, National Institute of Technology Durgapur solicits your kind support by participation in the 7th International Day of Yoga by undertaking their own activities online and submit their data (Photograph, Video of the activity) at the following:

E-mail: sac.cca@nitdgp.ac.in or WhatsApp- 9836353526

To join the IDY online please click to meet.google.com/eac-jhdv-oxa

Biswajit Halder
Dean (Student Welfare)
National Institute of Technology Durgapur

Hillol Mukherjee
Physical Training Instructor &
I/C Student Activity Centre

Copy to:

- 1. Director
- 2. Registrar
- 3. All Deans
- 4. All Head of the Department/Section/ Centre/ Central facilities
- 5. Dr. D. Mondal Assot. Prof. EC & Nodal Officer Yoga
- 6. Web Master- with a request to kindly upload in to the Institute website and circulated to All users
- 7. File copy