



**NATIONAL INSTITUTE OF TECHNOLOGY DURGAPUR**  
MAHATMA GANDHI AVENUE, DURGAPUR-713209  
West Bengal, INDIA, [www.nitdgp.ac.in](http://www.nitdgp.ac.in)  
(An Autonomous Institution under Ministry of Education, Govt. of India)

No. NITD/Fit India Programme/2021-22/01

Date: 10.08.2021

**NOTIFICATION**

This is to notify to all concern that as per the letter received from the Secretary, Department of Higher Education, Ministry of Education (Shiksha Mantralaya), Government of India Vide -D.O No. 11018/6/2021-EBSB dated August 05, 2021, the celebration of 75 years of India's Independence- "**Azadi Ka Amrit Mahotsav**" have commenced in active participation with **Fit India Freedom Run 2.0** to commemorate the occasion. Nationwide Virtual launch of Fit India Freedom Run 2.0 will be held on 13<sup>th</sup> August, 2021 by Sh. Anurag Singh Thakur, Hon'ble Minister of Youth Affairs & Sports and Sh. Nitish Pramanik, Hon'ble Minister of State, Youth Affairs & Sports with a concept note on Fit India Freedom Run "**Physical Activity of at least 30 minutes daily in life i.e FITNESS KI DOSE AADHA GHANTA ROZ**".

This year in the back drop of "**Azadi Ka Amrit Mahotsav**" Fit India Mission has conceptualized Fit India Freedom Run 2.0 which will launch on August 13, 2021 and going to culminate on October 02, 2021. Fit India Freedom Run is conceived keeping in view the indispensable needs to keep ourselves fit while maintaining social distancing. The concept of Freedom Run is one can run/walk along a route of his/her choice, at a time that suits him/her. One can even take breaks during such run/walk. Basically one runs his own race and times his own pace.

To make this initiative successful, NIT Durgapur solicits your kind support by participation in the Fit India Freedom Run 2.0, undertaken your own run/walk and submit the data in the form of snap/video to the following:

E-mail: [fitindianitdgp2019@gmail.com](mailto:fitindianitdgp2019@gmail.com) WhatsApp- 9836353526

*Prof Biswajit Halder 10.08.2021*  
Professor Biswajit Halder  
Dean (Student Welfare)  
National Institute of Technology Durgapur

Copy to:

1. Director
2. Registrar
3. Chairperson, Fit India Programme Supervising Committee, NIT Durgapur
4. All Member, Fit India Programme Supervising Committee, NIT Durgapur
5. Coordinator, EBSB & Nodal Officer, Fit India Programme, NIT Durgapur
6. Web Master, NIT Durgapur with a request to upload the notification in to Institute website & Fit India Portal